



# The TACO Times

*Celebrating 31 Years of Bread Day*

Recipe

*Paul Moorman is TACO's Food Coordinator and chef extraordinaire!*

## TACO Wish List

- Blankets
- Sleeping Bags
- Men's socks
- \$5 gift certificates to McDonald's or Burger King
- Men's T-Shirts (all sizes)

Volume 4 Issue 2

June 2007

## Second Annual Autumn Soiree Set for Copley Symphony Hall

The Third Avenue Charitable Organization (TACO) will hold its second annual **Autumn Soiree and Silent Auction, September 22, 2007, at Copley Symphony Hall, 750 B Street** in downtown San Diego.

This spectacular fundraiser is a whirlwind evening filled with fine food and wine, good friends, great entertainment and – best of all –

a chance to support the hardest-working charitable cause in the city.

**Auction donations** are coming from a wide range of passionate sponsors and underwriters, and include vacation rentals, tickets to all kinds of entertainment and sporting events, one-of-a-kind handmade artwork, crafts and furniture, restaurant certificates and more.

Consider supporting the auction by becoming an underwriter,, donor, or sponsor. No gift is too small and all gifts are gratefully appreciated.

For information, please call the TACO office at 619.235.9445, extension 124, or visit our website at [www.tacosd.org](http://www.tacosd.org).

**We'll see you there!**

## Director's Report:

A welcome and Happy New Year to all who receive this newsletter. We are thrilled to be entering our 32<sup>nd</sup> year providing for the needs of those who come. January was very cold here, especially at night, and we would hear from people that it wasn't possible to ever feel warm. We are so thankful to Paul Moorman and Pastor Miller for putting out the word to the community and to our local Lutheran pastors of the need for blankets, jackets, and the like. The response was a flood. Thank you to all the congregations and individuals who responded. We were blessed with piles of coats and bags of blankets to give out. There were often days where I was un-

sure if I could find our Volunteer Coordinator, Lisa Seiler, in her office, for all the coats, pants and blankets stacked higher than her head. These are the types of problems we love to have! Thank you also to Jo Koch and to Sherry Boulger for such a great gift of carloads of warm gear to give out. Sherry brought donations from the Booz Allen Hamilton Law Firm and from the School of the Madeleine. We were also greatly gifted by the Rancho Sante Fe Foundation who saw fit to send us 100 brand new blankets to give out in the community.

This year also started with a deep loss to our community. In Mid-

January we lost Barney Piper. Barney was a key part of the Bread Day meal program and one of the original starting board members to the then newly founded TACO, Inc in 1996. Barney's wife, Ladonna was and is also a powerful volunteer member with us for many years. When Barney was no longer able to help with Bread Day, he could still be found at our bi-monthly potlucks asking important questions and staying involved in our board decisions and other aspects or the TACO administration. We were so blessed to have him in our lives and our community. Please feel free to send condolences care of First Lutheran Church to the family of Ladonna Piper.

## Empty Bowls Project Nets \$7,000 for TACO Programs

By Lisa Seiler



*Handmade pottery bowls stand ready to be filled at the unique "Empty Bowls" fundraiser held recently at United Methodist Church, La Jolla.*

***"Guests then keep their bowls as a reminder that there are always empty bowls in the community"***

The lovely grounds of the United Methodist Church in La Jolla echoing their rich historical roots as a train station welcomed me as I pulled into the parking lot on a sunny Saturday afternoon on May 12, 2007.

Colorful handmade bowls shaped by both professional and novice hands shimmered in a brilliant rainbow as we all walked into the Empty Bowls fundraiser held in honor of TACO.

The Dixie Jazz Band from local Mission Bay High School dazzled the audience with their toe-tapping renditions of songs from long ago.

**In the end, over 250 people** attended this festive event and an amazing \$5846 was raised to help support TACO's various social service programs.

Empty Bowls is an international project that provides support for community food banks, soup kitchens and other programs that fight hunger.

Lynn Render, a TACO supporter from St. Peter's by the Sea Lutheran Church and a potter with Clay Artists of San Diego (C.A.S.D.) aided by La Jolla Boy Scout Troop #506 organized the

event in which guests select a unique ceramic bowl made by a local potter, fill it with soup prepared by a local chef, and receive bread baked by a local baker.

### **The dining experience**

involves going through a soup line and then eating at communal tables with new people, in the spirit of family. In exchange for the bowl and the meal, the guests make a minimum suggested donation, in this case \$15.

The guests then keep their bowls as a reminder that there are always empty bowls in the community as well as the world at large. All of the items including the venue, bowls and food are donated so that 100 percent of the proceeds go to the selected local charity.

Everyone thoroughly enjoyed the festivities. In fact, much to my delight, many guests came back through the line several times and bought more bowls as gifts for others who were not able to attend the event!

Personally I was in awe of the wide variety of bowls that were so gently placed on the display tables.

There were small bowls, big bowls, thick and thin bowls, odd shaped bowls, sets of bowls, brightly colored bowls, bowls more conser-

vative in nature, sparkly bowls, deeply hued bowls, bowls of every size and color only limited by the imagination of the potter giving them life.

And most interesting was the intensity with which each guest examined the bowls to finally decide on the perfect one!

Many thanks not only to those whose great labor made it such a fabulous event, but also to the many restaurants, bakeries and potters who donated the soup, bread and handiwork.

The soups were delicious, the bread crisp to perfection and the bowls absolutely priceless. I, for one, will be first in line for next year's Empty Bowls fundraiser!

*Lisa Seiler is TACO's Volunteer Coordinator. See a complete list of artists, restaurants and bakeries, and other community groups who volunteered on the TACO Web site, [www.tacosd.org](http://www.tacosd.org).*



Caption describing picture or graphic.

## “Stage and Screen” Performers Donate Proceeds

Warren Sheir and Thomas Kouo of Pacific College of Oriental Medicine (PCOM) offered an immensely entertaining concert in the First Lutheran sanctuary in March, and donated part of their proceeds to TACO’s free acupuncture clinic.

“Songs from the Stage and Screen,” was a bang-up success, enjoyed by a sizeable and enthusiastic crowd.

Warren and Thomas have donated one-third of the benefit’s proceeds to TACO and, specifically, the acupuncture program. The money will go toward improvements in the clinic area— and PCOM has also started an herbal pharmacy.

Warren, instructor and clinic supervisor, has a B.A. and M.A. in Performing Arts from the Institute of Music at Case Western Reserve Uni-

versity and has performed extensively in opera, recital, and musical theatre productions.

Thomas Kouo, clinic manager for the Seniors’ Acupuncture Clinic and intern at the Monday night free clinic, spent ten years as an actor. He has appeared in Broadway, Off-Broadway, and regional theatre productions, national tours, and commercials.

**“To catch the reader’s attention, place an interesting sentence or quote from the story here.”**

## Going Home update? Need only 100 words!

From Jim or Nance maybe?



Caption describing picture or graphic.

## TACO Meals in June Honor Volunteer Barney Piper

All TACO meals in June are being served in the memory of Barney Piper, a dedicated and much-loved volunteer with our program.

Barney passed away earlier this year.

The June meals in Barney’s honor inaugurate a new program at TACO.

Any one— or any group of people— who are interested in donating the cost of meals for a period of time can do so in honor or memorialize a loved one, to celebrate a special anniversary or birthday, or to mark any special occasion.

For Barney, guests who were welcomed on the patio noted a sign in his

honor. Many of the guests remembered Barney from so many Fridays on the food line.

For information ....

## Bread Day Dish from Lisa Seiler

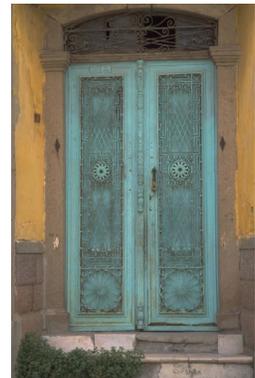
The hot meal program has had a very busy spring. Since April, we have welcomed over 2,430 and offered more than 3,503 meals. That all added up to 1,530 volunteer hours over the past two months. As always, kudos to our spectacular volunteer army for making TACO the welcoming place that it is for all those who need our hospitality.

Speaking of those volunteers, TACO honored the best during April's National Volunteer Appreciation

Week. Everyone received a special treat and a small token of appreciation.

**Lisa—I thought it would be appropriate to write something for the public here about how successful our kitchen inspection was ... frankly I for one didn't realize that we had to be inspected (although if I thought about it, I supposed I would want to know this was required!) .... I don't think it needs to be much different from what you reported to the board.**

Also we could put here about the purchases of kitchen items from that Emergency Food and Shelter grant? Something about the list from Smart and Final ... or would that go in the "Taco Wish List?" Up to you.



Caption describing picture or graphic.

## Christmas (In July) is Just Around the Corner

TACO's annual **Christmas in July** project is gearing up for another year.

This popular campaign raises money to provide each and every one of our guests with a gift at Christmas time. Traditionally, the gifts are distributed at the meal closest to Christmas Eve.

**This year, just \$20** will

buy two very essential items—a \$15 sleeping bag and a \$5 tarp to protect the bag from cold and damp ground.

Organizers Ladonna Piper and Lisa Seiler have consistently seen to it that our suppliers provide the very best quality for such a small amount of money. Giving and receiving these gifts is an

exciting event for everyone involved.

The goal for this year's project is 250 sleeping bag/tarp combos, but "we're always willing to beat that number," Lisa said.

To make a donation, contact Ladonna Piper or Lisa Seiler, or call the TACO office at 619-235-9445 ext. 2.

**"Just \$20 will buy two very essential items—a \$15 sleeping bag and a \$5 tarp"**

## Heartfelt Thanks To ...

Longtime volunteers from some of our most dedicated church groups at **Bethlehem Lutheran Church** of Encinitas, **St. Luke's Lutheran Church** in La Mesa, **Calvary Lutheran Church** of Solana Beach.

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The children from the **Del Mar Montessori School** and **Laurie Galloway's**

**Girl Scout Troop**, who volunteered on the food lines recently.

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**Paul Moorman** and our outstanding kitchen team for keeping everything shipshape and inspection-ready!

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The energetic volunteers from **First Baptist**

**Church** in Clairemont.

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Our outstanding legion of dedicated volunteers, without whom we would simply not exist.



Caption describing picture or graphic.

## New staff at TACO

Need information about Amanda— maybe she can write up something short and sweet — where she’s from, what she likes to do, etc?



Caption describing picture or graphic.

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## Unique ways to fund TACO—Need info about scrip.

This story will include information on how to get scrip. Any other ways of donating to TACO ... I know I can get scrip info on the website, but any extra info re the things below appreciated.

unique ways to help fund TACO (escrip, goodsearch, cars, could include igive too)  
?

*“To catch the reader's attention, place an interesting sentence or quote from the story here.”*

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## Interns

Need interns names and duties ... perhaps photos?



Caption describing picture or graphic.

## **A place where healing of body, mind and spirit**

**can happen for any and all who come.”**

The TACO Times  
Third Avenue Charitable  
Organization, Inc.  
First Lutheran Church  
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### **Board of Directors**

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semane Lutheran Church

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**Member** Peg Ross

**First Lutheran Council Liaison**

Rosemary Spruce

**Member** Pastor Wilk Miller,  
First Lutheran Church

### **Join us**

- Preparing and serving meals
- Set-up and cleanup
- Driving, shopping and picking up food
- Gathering other supplies and donations

### **Sponsor us**

- Urge your company or corporation to contribute
- Organize your church or youth group
- Make an individual financial contribution

### **Support us**

- With your prayers and voice of advocacy for the people we serve

**Are you a medical professional?** Consider donating your time and services to our medical, dental and acupuncture clinics.

### **Contact us**

We can not close our eyes to the realities of our community, and we will not close our doors when outside there are people in need.

### **Jim Lovell**

Project Coordinator

(619) 235-9445 ext. 1

[jim.chacha@firstlutheransd.org](mailto:jim.chacha@firstlutheransd.org)

### **Lisa Seiler**

Volunteer Coordinator

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## **The TACO Times**

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